

# HIGH FIVES

OK, the ceremony and reception are covered; but what about the rest of the trip? Here are our top picks to keep you and your guests happy throughout your wedding weekend.

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## Group Fun

### Stingray City + Rum Point Catamaran Tour

Stingray City is an offshore sandbar and feeding ground for a fever of southern stingrays, and the most popular attraction in the islands. **Red Sail Sports** pairs their morning visit with an afternoon at Rum Point, where you can snorkel and swim on your own, or lunch and nap under the palms.



## Crystal Caves

Grand Cayman's newest attraction was actually formed millions of years ago when seawater interacting with native limestone created massive underground caverns. Explore three walk-in caves holding unique treasures, from flora and fauna (don't worry, the resident bats are sleeping), jaw-dropping formations of stalactites and stalagmites, and even an underground lake.

## Cayman Spirits Co. Distillery Tour + Tasting

Grand Cayman may be small, but their onsite distillery is making waves worldwide, thanks to their **Seven Fathoms** rum (aged in oak barrels seven fathoms under the sea) and artisanal flavored rums, liqueurs, vodka and gin. Take a tour of their impressive distillery, then hit the tasting room to choose your fave.



## The Flavor Tour

Camana Bay is Grand Cayman's one-stop spot for dining, shopping and strolling, all set along an open-air, waterfront complex. This progressive tasting kicks off with bubbly at **West Indies Wine Company**, before taking you to four different restaurants for sample plates, paired with cocktails. The itinerary changes, as do the dishes, depending on what's freshest at that week's farmer's market.

## Yachting with Cayman Luxury Charters

Sometimes the best plan is to have no plan. That's where **Cayman Luxury Charters** comes in. Their two SeaRay yachts (29" and 42") are for private hire only, which means the itinerary is up to you, whether you want to meet the stingrays in style, snorkel the secluded North Point or find a beach for swimming and lunch of fresh conch ceviche.



# Welcome Gift Goodies

## Cayman Sea Salt

Ocean water is solar-evaporated on recycled glass tables, then packaged and sold in a table salt shaker, in a gourmet spice mill, or in a spiced BBQ rub. Want to taste it first? The 100% pure salt is used tableside at **Blue** by Eric Ripert, and in the *Salt Glow* treatment at the **Silver Rain Spa**, both at **The Ritz Carlton, Grand Cayman**.



## Cayman Pepper Patch Pepper Jelly

What exactly is pepper jelly? Creator **Carol Hay** guards her recipe carefully but will share that it includes Scotch Bonnet and Seasoning peppers, plus Jamaican pimento, nutmeg, cloves and other West Indies spices. The result: a versatile condiment that works as a glaze for meats or fish, a tasty topper for cheese and crackers, a secret addition to salads and slaws, and a spreadable addition to sandwiches.

## Beach Bubbles Cayman

These 100% natural soaps, lotions and body butters are made on-island by the talented **Nina Squires**, using ingredients such as shea butter, goats milk and a host of fragrant oils. Go for the ocean-scented Cayman Breeze, brighten things up with sunset-striped Mango Papaya Guava bar, or get exotic with Heavenly, which incorporates Bulgarian lavender and vanilla. Step into her store in Bodden Town to sniff them all.



## Powder Monkey Marshmallows

**Powder Monkey** is the brainchild of Cayman-born, **Lydia Ray**. Ray has created an upmarket line of gourmet marshmallows with Caribbean-inspired flavors like coconut, passion fruit and rum, as well as peppermint, rose water, and chocolate chip varieties. The fluffy mounds of goodness are sold online and available in select retail stores in Grand Cayman. The cost of the marshmallows varies depending on the flavor and whether or not they contain alcohol.



## Tortuga Rum Cake

You'll find these tasty treats all over the Caribbean, but they originated here, as an outpost of the homegrown **Tortuga Rum Company**. The base is a family recipe that goes back four generations, perfected and sold in 1990 as the Caribbean's first commercially produced rum cake. The line also sells coffees, sauces, fudge and chocolates.

# Deck Front Dining

## The Lobster Pot

A Grand Cayman staple since 1965, this casual eatery sits in the heart of the capital. The nautical-style main dining room is lined with picture windows, and the adjacent deck offers prime viewing of the harbor goings-on. It's especially scenic in the late afternoon when the cruise ships pull up anchor and depart to distant isles.



## Grand Old House

It doesn't get much more romantic than this Grand Cayman icon, set in a restored circa-1908 Great House from Petra Plantation. One of the island's original fine-dining restaurants, it's set on the waterfront in a quiet neighborhood just south of George Town. For a romantic meal for two, we love the multi-level deck, built out over the rocks and strung with twinkling white lights.



## Kaibo Restaurant and Beach Bar

In the tony enclave of Cayman Kai sits this two-story restaurant overlooking the North Sound inlet. Casual beach club by day, boaters, and swimmers gather with feet in the sand to dine on barbecue at waterside picnic tables. Come evening, the upstairs dining room opens, serving some of the island's most creative cuisine. For a safe, guilt-free fun time, try the water-taxi service from Camana Bay.



## Calypso Grill

This cheery eatery is packed most nights with equal parts locals and visitors, and with good reason. See those fishing boats bobbing by the dock? That's how the daily fish comes in, caught early each morning for patrons to enjoy grilled, broiled or sautéed. Save room for Chef George's famous sticky toffee pudding, so good that the Cayman Islands named a street after it.

## The Cracked Conch by the Sea

You have to go all the way at the tip of West Bay to find this locals' favorite, but it's worth it for the stellar views and lively atmosphere. Dig into conch served cracked, ceviche or chowder-style, and take in the sunset from the westernmost tip of Grand Cayman. Afterward, pop down to Macabuca, the open-air tiki bar, and continue the party.

